



2007 USA MASTERS OUTDOOR TRACK & FIELD CHAMPIONSHIPS

August 2 -5, 2007
University of Maine, Orono, Maine



First Name	M.I.	Last Name
Street Address (Apartment/Building/Unit)		
City	State	Zip Code
		Phone (including area code)
Email		2007 USATF # (Required)
DOB (Mo/Day/Year)	Age (as of 8/2/07)	Gender (M/F)
		Citizenship
Hometown Media		USATF Club Number

[] I have a disability for which I am requesting an accommodation. (Documentation must be submitted by June 26, 2007)

Events	Best Performance (As of 2006/2007)	Fee	Total
1.		\$35	
2.		\$20	
3.		\$15	
4.		\$10	
5.		\$10	
6.		\$10	
Pentathlon (\$35, regardless of other events entered)		\$35	
USAF Masters Committee Fee (Mandatory)		\$10	\$10
Surcharge for entries after July 13, 2007		\$50	
Championship Supporter for Official's Fund (Optional)		\$15	
Championship Program with heat sheets updated Aug 1 st .		\$5	
Down East cookout with wonderful entertainment, Sat. evening Aug 4			
Entrée choice: # ___ lobster; # ___ steak; # ___ chicken;			
# ___ vegetarian lasagna. Total # ___ persons @ \$25 each----			\$
On Campus Meals or housing see separate housing information			
Total Amount			\$

Payments for entry fees and dinner tickets must accompany your entry form.
 To pay by check or money order, enclose full payment **made out to: University of Maine**
 mail to: **USA Masters T & F Championships,**
University of Maine,
Memorial Gymnasium,
Orono ME 04469

WAIVER/RELEASE I hereby declare that I am in good health and am properly conditioned for the competitions, and that I am of the stated age on this application, I absolutely relieve USA Track & Field, Inc., USATF Maine, University of Maine, and all other affiliates associated with the organizing of this event of any responsibility for any loss or damage to me or my property which I may sustain in the course of (or in connection with) the 2007 USA Masters Outdoor Championships. I also do verify that I am a member of USA Track & Field for the year 2007. By entering this competition, I grant USA Track & Field, Inc. a limited license to use my name, likeness, image, voice, video, athletic performance, biographical and other information, in any format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability, but only for the purposes of advertising or promoting the sport of Athletics. In no event, however, will such usage constitute an endorsement of any product or service without my specific written consent.

Signature

Date



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Eligibility: Competition is open to all men and women 30 years of age and older. Age on August 2, 2007 will determine a competitor's age division. Individual competition will be held in age groups of 5-year increments starting at age 30. Relays will be held in age groups of 10-year increments.

Proof of membership with USA Track & Field will be required from all U.S. citizens. On-site registration will not be available. You must obtain a 2007 USATF membership card through your local Association or online at www.usatf.org/membership. Be sure to include your USATF Club number if you plan to compete for a club. Proof of date of birth will be required from all competitors in advance. A photocopy of your passport or birth certificate MUST be sent with your entry form to assure eligibility.

AWARDS: USATF Championship medals will be awarded to the top three U.S. citizens in each age division of each championship final. Ribbons will be awarded to places 4, 5, 6. Duplicate medals or ribbons will be awarded to foreign guest competitors who finish in the top six. Awards will be presented at the Awards Stands. Individual winners will also receive a Championship Patch (limit one per athlete).

ENTRY FEES AND PROCEDURES: On-time entries must be RECEIVED by **FRIDAY JULY 13, 2007**. Absolutely no entries accepted after FRIDAY, JULY 20, 2007. Late entries received after July 13, 2007 will be assessed a \$50.00 penalty. No entry will be considered complete unless it is accompanied by full payment of fees. Relay teams pay \$40 cash on Sunday, August 5, 2007. There will be no refunds of entry fees for any reason. There will be no refund of entry fees. Make checks payable to; The University of Maine.

On-line Registration is available at www.usatf.org. All entry deadlines still apply. Proof of date of birth must be provided before you will receive your athlete's packet. **We strongly recommend that you register on-line.** If uncomfortable with online, mail your entry form.

EQUIPMENT: Maximum pyramid type spike is ¼" for all surfaces except the high jumps and javelin runways, which may use 3/8" inch length type spikes.. Personal implements and blocks may be used by a competitor, subject to approval by Weights and Measures. Personal implements are exempt from the loss-of-identity rule, i.e., they need not be made available to other competitors. Meet management will have throwing event implements and starting blocks available for use.

CHAMPIONSHIP DINNER: Our fabulous Down East Cookout Feast open to all athletes friends and family will be held on Saturday evening, August 4, 2007. Wonderful Maine entertainment throughout the evening. Pre-purchase of dinner tickets is necessary! Pay and enter the number of entrees on the entry form , at \$25 each. Serving begins at 7:00pm

T-shirt swap: – bring a favorite T-shirt from your region to registration, we will collect them and hang them up Sat. evening and have a T-Shirt swap for those attending the Fabulous Down East Cookout

ATHLETES MEETING: An Athletes Meeting will be held on **Friday, August 3, 2007**, at 7:30pm [this is after the competition ends], in the D.P. Corbett Business School Building, next to the Performing Arts Center.

PACKET PICKUP and REGISTRATION: registration and packet pick up is in the new brick building attached to the white peaked arena, near the track and field stadium. Wednesday at 1:00pm until 9:00pm; Thur, Fri. 7:00am to 8:00pm; Sat, Sun 7:00am - 4:00pm

FOR MORE INFORMATION ABOUT:

***AIR TRAVEL.** Bangor international airport is a 15 minute drive to campus; Portland, Maine airport is 2 hours 15 minute drive; Manchester NH airport is 3 hours 15 minutes drive; Boston Logan airport is 3 hours 50 minutes drive to campus. Travel arrangements can be made via Bangor Travel. They will assist you finding the best rates, American and Continental have discounts.

E-mail works great bgrtv1@att.net or phone, 207 – 942 – 5050 . or 800 – 244 – 0112.

***REGIONAL TRAVEL, HOTELS, RESTAURANT, TOURISM highlights:**

Check the visitors bureau website for complete visitor information and accommodations in the region. www.bangorcvb.org

Hotels are listed under visitor information, click on accommodations. Mention USA Masters, several hotels will give discounts.

telephone Bangor Convention and Visitors Bureau at 1 – 800 - 91- MOOSE. Or 207 – 947 – 5205. Or Email info@bangorcvb.org

***ON CAMPUS HOUSING AND MEAL PACKAGES:** reasonable rates; beautiful campus setting; See the housing section on this usatf.org web site for complete forms and information. Or email csd@umit.maine.edu or Telephone: 207 – 581 - 4092

***SHUTTLE BUS, VAN:** WILL BE IN FULL OPERATION ;to and from hotels to stadium, to airport at selected times.

***UNIVERSITY OF MAINE INFORMATION :** www.umaine.edu or www.goblackbears.com

QUESTIONS: contact: Rolland Ranson, meet director; preferred by email mainetrack_field@yahoo.com

Mary Cady, email mary.cady@umit.maine.edu

Val Foss, MEUSATF president; email metrkfld@usadatanet.net

or phone 207-581-1077



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EVENTSCHEDULE

**** Oldest compete first, to youngest ages last ****
DAY OF EVENT WILL NOT CHANGE

T h u r s d a y August 2	F r i d a y August 3	S a t u r d a y August 4	S u n d a y August 5
<ul style="list-style-type: none"> - 5000 m run W all ages, - followed by - 5000m run M all ages - Shot put W circle 2 in small cage, ages 65 + followed by Shot put W ages 30 - 64 - Shot put M circle 1, ages 70 + - followed by - Shot Put M ages 30 – 69 - Pole Vault W all ages - followed by - Pole Vault M ages 60 + - pentathlon M ages 60 + - pentathlon M 50 -59 - pentathlon M 40 -49 - pentathlon M ages 30 -39 - pentathlon W all ages - 400 m W / M prelims as needed **800 m W / M Prelims as needed, start time depends on the time needed for recovery by 400 / 800m doublers. <p style="text-align: center;">NOTES: M = men; W = women</p> <p>Example; M ages 30 – 59 = Men age groups, oldest age group competes first. Thus Men ages 55 – 59 compete first. Then ages 50 – 54, then 45 – 49, etc. Example; W All ages = oldest age group competes first. Example; W / M = women all age groups first, followed by men all age groups, in order oldest first.</p> <p>** First event each day starts early in morning. Once all entries are accepted, we will post start times. In field events; it takes longer to go through each age group, than in the running events.</p>	<ul style="list-style-type: none"> - 5000m race walk W all ages, on the track, followed by; - 5000m race walk M all ages on the track. - Discus M all ages, at cage 2 by the 200m starting lines, - Discus W all ages at cage 1, past the shot put circle, - Long jump W all ages, - followed by - long jump M ages 60+ - high jump M ages 50+ - 100m W / M prelims as needed - 200m steeplechase W all ages Finals; followed by; -200m steeplechase M ages 60+ Finals; - followed by -300msteeplechase M ages 30 – 59 Finals - 400m W //M Finals - high hurdles W / M all ages, prelims and Finals !!! - 1500m W / M prelims as needed - W / M 100m round 2, as needed. - Athletes Meeting after last event at D.P. Corbett Business School Conference auditorium, near Performing Arts Center. <p>**Day of Event will NOT CHANGE**</p>	<ul style="list-style-type: none"> - 10,000m run W all ages; Finals on the track - followed by - 10,000m run M all ages Finals on the track - Hammer throw; W all ages at cage 1 past the shot put circle. - Hammer throw M all ages At cage 2, by the 200m starting lines -Long Jump M ages 30 – 59, - High Jump W all ages - followed by; - High Jump M ages 30 - 49 - Pole Vault M ages 30 – 59 - Javelin W all ages - 100m W / M Finals - 800m W / M - Finals - 200m W / M prelims as needed <p style="text-align: center;">Saturday August 4, 2007 evening</p> <p>6:00pm - Social hour in fieldhouse 7:00pm –Fabulous Championship Downeast Cookout Feast, with wonderful entertainment. Featuring fresh from the docks –Lobster; steak, chicken, vegetarian entrees, pre-paid tickets. Location: the Fieldhouse with big blue " M" .</p>	<ul style="list-style-type: none"> - 10,000m Road walk W all ages - start line. At the Black Bear statue in front of fieldhouse, on the road. - Followed by - 10,000m Roadwalk M all ages - 200m W / M round 2 as needed. - Javelin M all ages - Triple Jump W all ages - Followed by - Triple Jump M all ages. - 1500m W / M Finals - 300m hurdles W ages50 + - 300m Hurdles M ages 60+, - Followed by - 400m hurdles W ages 30–49 - 400m hurdles M ages30 – 59 - All are Finals - 200m W / M all ages Finals <p>Relays will follow :</p> <ul style="list-style-type: none"> W / M 4 x 100 Relays W / M 4 x 800 Relays W / M 4 x 400 Relays <p style="text-align: center;">** the exhibition W 4 x 100m shuttle hurdle followed by exhibition M 4 x 110m shuttle hurdle relay .**</p> <p>*Finished by approximately 5:00pm Sunday*</p>



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DECLARATIONS: Athletes will be required to declare their intent to compete a minimum of one hour prior to the start of there event. (Declaring, event check-in/call room and registration are all separate functions.)

FOREIGN ATHLETE COMPETITORS ARE WELCOME: Duplicate medals, ribbons will be awarded
Every event Final must contain at least 2/3 US affiliated athletes as determined by WMA
per Rule 332 H (USATF rule book)
